



Local Authors “Kick Off” New Book, “Threads Method: Styled for Life”

Book Unlocks the Secret to Getting Dressed in 5-Minutes or Less

HERSHEY, Pennsylvania - In the newly released book, “Threads Method: *Styled for Life*”, authors *Kristen Campbell and Kristin Argento* break down the process of building a wardrobe into three easy steps: Edit, Style, Shop. With this method, hundreds of women have simplified their closets and taken control of their personal style.

The *Threads Method* goes beyond decluttering; it’s about creating a wardrobe that works for you—helping you feel confident and put-together in five minutes or less. Kristen and Kristin show readers how to edit out what’s not working, style with ease, and shop smarter, making mornings stress-free and stylish.

Kristen and Kristins share, “We wanted to make getting dressed something you look forward to instead of dread. The *Threads Method* simplifies the whole process, so you can spend less time worrying about what to wear and more time feeling great in what you’ve got.”

In *Styled for Life: How the Threads Method Makes Getting Dressed Easy*, readers will learn how to:

- **Edit** out what’s not working and build a wardrobe that you love
- **Style** effortlessly, mixing and matching pieces with ease
- **Shop** strategically, adding only items that elevate your look

The book offers readers a fresh perspective on fashion, helping them save time, money, and energy while embracing a wardrobe that makes them feel empowered.

Kristen and Kristin are available for interviews to share their three-step method that has inspired hundreds of women to simplify their closets and taken control of their personal style

About the Authors

Kristen K. Campbell and Kristin J. Argento, co-owners and style coaches, are the creators of the *Threads Method*. Their friendship began over 25 years ago as roommates in Washington, DC, and later, they teamed up in Hershey, PA, to help women rediscover their style and take control of their wardrobes. They’ve been in over 500-closets and counting.

For more information, please visit www.threadsofhershey.com or connect on Facebook (*ThreadsofHershey*) or Instagram (*@threadsofhershey*).

Styled for Life: How the Threads Method Makes Getting Dressed Easy is available now at [amazon.com](https://www.amazon.com).

For more information, visit www.threadsofhershey.com or contact Kristin Argento at (717)773-5579